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Like Water

By Ramon Lemos

Empty your mind.
Report is amorphous, such as water.
When you put water into a cup,
it takes the shape of the glass.
By putting water in a bottle
it takes the shape of the bottle.
By putting in a cup of tea,
it takes the form of the cup.
Water can flow or destroy.
Be water, my friend.
Are you ready? Let's go!
Here we are.
Welcome to the Octagon.
Anderson Silva.
A shot in the head.
He picked up and dropped!
Lehman and goes to the ground.
Lehman's gone, lost consciousness.
I thought it was over.
He's in trouble!
Prince Lehman falls again.
And now it's over!
Now it's over!
The debut of Anderson Silva
lasts less than one minute.
Anderson will play
the body of Rich Franklin.
He took the Rich
he took one there.
- Rich is in trouble.
- It took a punch on the chin.
Now it was!
This is Anderson Silva.
Rich was already!
Anderson Silva!
And Rich goes to the floor!
E over!
Anderson Silva is the new champion
global average weight!
Anderson "The Spider" Silva!
Let's see once more.
Takes!
He makes you pay.
Make a mistake

and he makes you pay.
Anderson Silva defended
his title of middleweight.
Who can stop this man?
Confident in the coup.
Look at the movement of the hands.
Get down, get down.
Griffin falls!
- That is incredible!
- And again!
- He's out. It's out.
And now over!
Anderson Silva is still the champion
average weight of the UFC!

EQUIPE NOGUEIRA:

RIO OF JANEIRO, BRASIL
Anderson "The Spider" Silva!
EMIRADOS ARAB, ABU DHABI
ABRIL OF 10 OF 2010
Anderson Silva, Damien Maia.
Fight scheduled for 5 rounds
Anderson Silva is a
Bruce Lee's real life.
Yes, and we are honored
watched it.
Remember the UFC.
Ten consecutive wins
in the octagon...
and that was dangerous!
Silva begins to face.
Damien is in trouble now!
E is in trouble again.
He's too fast!
Anderson is not afraid.
The only thing left to even try.
suicide bomb in his legs.
He sends him up and...
If you are the Anderson Silva
finish.
- Have you seen this before?
- No.
- How many fights have just narrated together?
- Just over a thousand.

And I've never seen anything like it.
That's why people
criticize Anderson.
From what it does now.
Circulates around doing nothing.
If you're Anderson Silva
must be thinking:
"Okay, I tried what I wanted.
Let's finish this fight. "
Damien Maia has
And 50 seconds...
Time Time
I'll tell it again.
If you keep running well,
will lose points.
Stop doing that.
Next time will be 1 point less.
I'm warning you.
The last seconds of the decision.
And they separate.
The judges' decision is unanimous...
and world champion
the UFC middleweight...
is still Anderson "Spider" Silva.
Can you explain your actions
tonight?
People who have paid
thousand dollars for entry...
think made their money
worth it?
EMPRESR10 OF ANDERSON
What do you think?
I think I never felt
so ashamed...
PRESIDENTE THE UFC
In 10-years in the business.
It was the first time
I left a big event...
and handed the belt to
fighter's manager...
and asked him to put it.
You are in a difficult situation.
Do not like what he did.
He disrespected you,

the sport and the fans.

You give some kind

to punish him?

I can only say that

his next opponent...

do not let him

this sort of thing.

Chael Sonnen will face it

and I hope this does not recur.

IN THE ABRIL 14, 2010

The UFC 117 Foi ANUNCIADO

ANDERSON HAVING SILVA and Chael Sonnen

HOW TO ATTRACT PRINCIPAL

Chael Sonnen is with me now.

I talked to Uncle Dana,

I begged him.

"Hold this cancer for more than 3 months

and I'll get rid of him. "

- And it will get him out of MMA?

- He was.

Will sign the withdrawal

on August 7.

BY THE TIME PRIMEIRA, ANDERSON

CHANGED YOUR BASE TREINO

BRASIL FOR THE U.S.

TO PREPARE:

FOR A RECORD OF DEFENCE 7th

TITLE:

EX-CHAMPION LIGHTWEIGHT

TREINADOR MUAY THAI

TREINADOR OF JLU-JLTSU

Not finished yet.

Let's train more.

Is that OK?"

We do not see Nick Barbot be

controlled so long ago.

He is picking up.

It has never been dominated like that...

or when he fought

Anderson Silva.

The three judges gave 30-27...

declaring the winner

unanimously...
Chael Sonnen!
GOOD TO GREAT-VINDO
LAS VEGAS, NEVADA
Anderson Silva is very good
in submissions.
How will you respond?
He got a black belt
with the Nogueira brothers.
For me, a black belt with
the Nogueira brothers... 118.
is the same as earning a toy
with your lunch. I don't know.
I do not understand what is
it too.
A is a punching bag
and the other is irrelevant.
You said on Twitter that
Ed Smith was supposed to care...
his "wild bunch of dwarfs."
was referring to the Black House
as a fight club...
or what he meant?
I say this for some time.
Anderson Silva speaks English...
it just does not talk to the fans.
He speaks in Portuguese
and English.
When you hear an opponent as Chael
speak this way...
he is more motivated
listen or not?
I pity the Chael. He does
this to sell the fight...
and I understand why,
but at the end of the day...
he will fight the best in the world,
it can only talk about it.
He says the same
others have said...
but the changes in crop
the octagon.
I've had enough. He is a fraud.
He enters the ring

and wants to do reverence.
He did not come from that culture.
If you do this in Brazil,
go hit your head...
bring your wallet
and quit laughing at his face.
This guy is a fraud!
Bye, darling. I love you.
I love you too.
I disagree.
He will enter
this fight with Chael...
and we'll discuss the way it
to 90 pounds.
I agree 100%.
I think he will
knock Chael.
He can knock out, it is possible.
Chael will be in his face...
bound to fall.
I'm enjoying this fight
with Chael Sonnen.
ESCRITRIO OF NIKE
PORTLAND, OREGON
LANCE ARMSTRONG CENTER
The GAIOLA, FIELD RONALDO
If you have bad-blood on our side?
It's a good question.
Do not know what Mudblood means
then it is difficult to answer.
But he's not my type.
Anderson Silva is a champion...
who dresses and behaves
as a member of a gang...
- nobody will disagree with this -
he wears earrings, hat,
sweatpants and pink shirt.
is what gangsters use.
Move your foot. Ahead.
I work hard...
and believe in giving a good example
for the next generation.
There are many people watching me
and that's exactly what they should do.

Four stars and mortgage.
You can cry at will.
He does not need to go,
do not need.
He can hit the mat.
And I think he will.
And you think you have what it takes
to bring it down?
You said that on 5 hits
will be the middleweight champion.
In five attempts.
So he up the leg...
I'll give him a headbutt
and throw it on the rope...
and put it in his place.
Anderson Silva was upset
with the bullshit of Damien Maia...
but you're taking it
to another level.
Do you think that is affecting
his mind?
Who cares?
Who cares about his mind?
Anderson is already history.
If not for me...
Anderson Silva would be
in the unemployment line...
sending resumes
the Internet now.
Ed Smith, his manager,
said that no one listens to you...
unless you speak
Anderson Silva.
Interessante, took a taxi
with him two weeks ago...
- It's a lie.
- And revealed my philosophy...
the pre-Shakespearean.

And Ed said:

"Wow, we were teleported
to the 15th century? "
I said. "No, Ed
We are still in the taxi..."

and still did not invent it.
You're kind of stupid. "
Thank you for your time.
- This guy is nuts.
I do not know what it is
teletransportation
Then I discovered I had to
do with "Star Trek."
This guy... Seriously,
he has mental problems.
We thank
every opportunity...
Chael IN PRO MMA RADIO
- And when it does not work...
remember Lance Armstrong.
Lance Armstrong faltered,
he used drugs.
If delivered to cancer.
Instead of saying:
"I flinched, do not do it
or may have cancer "...
he became a victim
and earned absurdities...
campaign with a victim.
You see these guys
and know they are frauds.
It is a scam after another.
From Michael Phelps
be a stoner...
up having to deal with these things.
And I'm happy
to be in this business...
because I can catch them in the Octagon
and give them a beating...
25 minutes.
He said that all catch,
Mike Tyson got up.
"Anderson just not picked up yet...
because the guys are afraid
the headlines of it...
and video highlights. "
He said. "I am not a teacher
mathematics from Ohio... 215.
like Rich Franklin...

Canadian'm not a fighter
a leg like Patrick Cote.
I'm a gangster
Portland, Oregon.
And the story will change
on August 7. "
That's good.
OK.
- You get it?
Let's get well.
- We're running.
Lets go
You're interviewing someone who
has had his battles with Anderson.
It's a strange situation,
because I bet on him...
since entering the UFC, but
also blasted the media for...
because he "collaborated"
so to speak.
I really think he is
the most talented fighter in the world.
Boxing, kick boxing,
muay thai, MMA, pinochles...
appoint any fighting style,
he is the best in the world...
when there is 100%,
mentally.
It's the kind of thing that makes
Dana White crazy.
I sat there
put up with so far.
So I got up, went to Ed,
handed him the belt...
and asked him to put it.
I would not put.
And walked away.
Never done that before.
Anderson and I talked...
and we see the result
on August 7.
Anderson This is the man!
The last fight of the Dandan...
he will face the guy again.

Dandan overthrew in
one minute and a half of fighting...
and will now fight again
with him in Portland.
PORTLAND, OREGON
More here.
Hence,
Smile.
Is that OK?"
right?
- Come. "Great!
Sorry.
- There you go.
"thanks Mr. Jordan."
Thank you."
Okay, I'm Kim.
"Hi,
"Hi,
- Do you smoke?
- No.
Masca-smoking?
- No.
- Alcoholic beverages?
- No.
After three rounds of fighting...
the three judges scored
Your winner,
the "Irish Warrior" Jake Valdez!
Did you see that guy? Where is he?
Where is he now?
Go get fucked!
Chael Sonnen.
It will take a beating.
Of good.
Anderson Silva is an imbecile.
Chael Sonnen will finish him.
Ending it.
I'm from Portland, Oregon.
Got it?
Chael Sonnen to the end face.
Chael Sonnen to the end.
Come on, Bubs.
Hello, thanks for participating
this conference today.

My question to

Anderson is:

Anderson, Chael made it clear...
his intention in this fight.
With this, this is the fight over
expected for you...
in his career in the UFC?

No.

That's it?

Yes

No.

OK.

I started training with
Steven Seagal.

Penny when asked the question...
knew the answer
would be boring...
then what?

- Thanks for the interview, Chael.
Don't mention it.

There goes Anderson Silva again.
He believes that the response
which gave just now.

Which people are going to see
the fight and nothing else.

He was serious.

Think you're being... more
but could not be more wrong.

He does not understand business?

Never done anything in life?

Is not that what people
going to see.

People do not just want
see two people fighting.

Want to know why
are struggling.

He does not understand the business.

It's amazing he finds
it will stay there chested...

while people
hit him in the back, saying:

"Good job, Anderson.

You have trained a lot. "

Guess what, asshole?
Training since 9 years...
and still awake
people's interest...
to see me bang you
on August 7.
Man, we're in the business of fighting.
We need to sell fights.
I understand that he did not want to talk,
but need to sell the fight.
But now...
What I'll talk to him?
Countdown 10 days for fighting.
What's done is done.
He will not change.
He is well and until he...
He does not understand the concept
selling the fight...
or he understands and
prefers not to participate.
I can not say for sure.
Now Dana White is calling me.
Hello! All right...
Him..
What the fuck, man.
He said
Anderson is losing the fight...
he will want to cut it.
"Let him learn to be good.
Let's get rid of it. "
Who wants to hear
such a thing now?
Do you nderstand?
I will say one thing...
this is a documentary of it,
his movie is...
and do not want to speak ill of him...
but if he comes to
"Abu Dhabi Anderson"...
will not be good.
It will not be good.
This is the game.
Hi, I'm a big fan.
- Hello, nice.

- Amber.

Do you have Twitter?

Do you have Twitter?

I... Is.

Yes.

What's your Twitter?

you know.

What did you say?

I asked if they know what
is your Twitter.

- Ah, my name? Why?

- Because I want to talk to you.

See here?

That's how Twitter works.

FLIGHTS - GATES

- Hey, man?

- How are you, cousin?

It is a picture of you in LA.

A beautiful photo.

If Anderson ever been to
punching someone...

- this is the guy.

- Is.

That 'will be fun.

He said he does not come
a culture of respects.

What if I do this in Brazil,
go hit your head...

and take your wallet.

Worse it's true.

That was good.

What's up, dude?

- How are you, boss?

- Well. I liked the beard.

And that, folks?

It's good to see him.

Very good!

- Hazrmsnz?

Yes.

I think we started
shortly.

As always,

I'll start outright.

is the first time we're here

and we are happy.
I love being in new markets.
If you've done it before,
long ago...
since we had a collective
press so full...
and the reason is the anticipation.
Anderson, everyone has heard it all
that Chael Sonnen has said.
How do you feel about it,
and how he prepared for this fight?
He said that "talking about me is easy,
I try to be. "
Chael, repent of something
you said?
No, I do not apologize.
Moreover, the interpretation
Smith's is wrong.

Anderson said:

"It is easy to talk about me, I try to be."

He said:

trying to beat me. "
You are not the only one here
Portuguese-speaking...
despite acting like one.
It is easier to understand the language
to understand the Latin.
He said he likes pink
and his wife too.
I do not know if he likes,
but I like it.
So it was a coincidence?
He said no,
is not a coincidence.
He wore because his wife said
that would look good next to him.
That 'began as
a history of MMA...
but it became a story
the national sport...
and I know that yesterday denied
have talked about Lance Armstrong...

just wondered if it was criticized...
to have been associated
to comments.
No, of course not.
Nobody criticizes my comments.
Just get compliments.
Actually, I applied
for public office...
and received 99.6% of the votes.
It was his opponent?
"Exactly.
Just to know.
Front.
You may sign one more?
Thanks, guys.
Thank you."

ROOM TREINO:

FIGHTERS ONLY - NO VISITANTES
If the weight is wrong,
is your fault, not the balance.
So please, guys.
But I'm sure everyone here
are within the weight.
I'll tell you

I always say:

everyone here will get to
fight tomorrow night, not today.
I know I do not like it, they are
angry and want to fight... 402.
but leave it to
tomorrow, not today.
Please do not violate
up there...
neither the UFC nor his profession.
may find yourself tomorrow night,
not today.
The official sponsor.
Thanks, UFC.
And now, for the official weigh-in,
we have Joe Rogan.
Come on, come on!
Ladies and gentlemen,

welcome will premiere...
Anderson Silva's retirement!
First of all, I
like to thank all...
your support.
Thank you really.
Everyone makes mistakes,
I always try to improve myself...
and we'll see what
can do tomorrow.
is tomorrow night,
Ladies and gentlemen!
What is most important to you
during a fight?
"You can believe me.
Hey, you're dyeing your hair?
I'm old, I do.
Thank you.
"Thank you."
"Hi,
- Hello, friend!
How you doing, brother?
You two.
Nice.
That's it.
"Great!
Sensei, thanks for coming.
Thank you."
Ladies and Gentlemen,
and the fight ended...

to 01.:

It's almost time.
Will be ready, baby!
That's what we do, man!
That's what we do!
The champion has a big smile
on his face.
Defending the title
for the seventh time, Joe.
has never been defeated in
the octagon.
A record of the UFC
And when Anderson Silva fight

when he comes up to...
is as dangerous as
any man on the planet.
Steven Seagal is
in his corner?
Someone told me that he was.
I want to see that, if true.
He is there. Oh my God!
Very well, gentlemen.
Received their instructions.
I expect a fair fight.
Obey me,
always defend.
Touch gloves and come back.
Let's get this over with.
Anderson Silva.
Chael Sonnen.
- Fight!
- Here we go!
My God, what was that?
Whatever it takes.
Sonnen hit him!
Hit it!
A nice coup Chael Sonnen.
A- uppercut!
- He did it!
Oh my God!
Hit him again!
Anderson with
hands down, Joe.
Belo bang!
That's what Chael Sonnen shines!
What damage it can do
in this position?
What can he do?
My goodness!
I even had to hear this!
Chael hit him again.
Again, again and again.
Without stopping.
He is being punished.
First round, Chael Sonnen.
Anderson Silva did not get well
throughout his MMA career.

You are great.
Anderson Silva arrives faster
in the second round.
Belo leg kick.
Anderson is accelerated.
E Sonnen drops it again!
- That is effective, is not it?
- There should be nothing good.
To front and back.
Hitting the champion.
We went pro early
the third round.
- Chael pushes him again.
- And they go back to the ground.
Dude, look at that.
He is holding
the weight of Chael Sonnen...
is picking up, is frustrated
and is grounded.
The song of Sonnen.
Now in the center of the octagon.
One of Silva's left.
Anderson kicks.
And he drops the elbow.
Here comes Anderson Silva!
Chael secure it,
but can not control it.
Anderson kicks his body
again!
Pro floor!
Chael is on top.
Inverso.
We are reaching the fifth round.
Another round pro Chael Sonnen
punctuation.
I'd give it 4-0.
Do not think of anything else,
only in the hands and move forward.
They're standing.
Oracle Arena is sold out!
fifth and final round.
- He's right!
Pro-floor! Hit!
It's unbelievable!

Sonnen is in control.
He took a key, will try
Finally the champion!
We are three minutes
have a new champion.
Let's see what he still has.
What kind of weapons have
in its arsenal.
But this is the moment of despair:
or do or die.
He'll keep doing it.
And why not?
A stroke of Anderson Silva.
Your list of a first victories
may be coming to an end.
A- list records.
- Triangle!
That's the problem!
That's the problem!
He will finish the Chael Sonnen?
Anderson Silva will get
change this fight?
He hit! End...
End...
The winner by forfeit
in the last round...
remains undefeated as champion
world of UFC middleweight.:
Anderson "The Spider" Silva!
Thank you, ladies and gentlemen!
May God bless you!
To all of you.
To my friends in Brazil.
Thanks to my coach,
Rogrio Cames.
Thanks to my coach,
Toddy.
When my coach,
thanks for the help.
To all the academies,
Nogueira Brothers Jiu Jitsu.
Here it is.
Thank you!
Our, our, ours.

Can you walk?

Yes.

Everybody out.

Out.

Anderson.

It was awesome, man!

I was second.

I trained a lot and...

I did everything I could,

but at the end of the day...

or you raise your hand or lower,

and I stood up.

That's it, I'll leave it at that.

But I'm heartbroken.

A month after the fight revealed
the pre-examination Chael Sonnen...

showed high levels of testosterone
to estrogen...

indicating the use

of anabolic steroids.

A rematch with Anderson

was soon canceled...

and Chael was suspended for one year,
to appeal.

On 5 February 2011,

Anderson increased his record...

for eight title defenses with

a first-round knockout...

against Vitor Belfort.

In memory of: